DECEMBER 2018

SUNDAY	MONDAY	TUESDAY		WEDNESDAY	THURSDAY	FRIDAY		SATURDAY
25	26	2	27	28	29	3	30	1 11.30am-12.30pm
								Children's Class
								3pm; 5pm
								Vajrasattva Retreat
2		B	4	5			7	8
10am; 12pm; 3pm; 5pm Vairasattva Retreat	8.00pm-9.30pm Walk in Class	6.00pm-9.15pm Foundation Programme		10.30am-11.45am Stages of the path meditations with	8.00pm-9.15pm Stages of the path meditations			11.30am-12.30pm Children's Class
vaji asattva keti eat	Walk III Class	roundation Frogramme		Heart Jewel Prayers	with Heart Jewel Prayers			Ciliureii s Class
				8.00pm-10.00pm				5.30pm-6.30pm
				Quick Path to Great Bliss Prayers *				Tara Prayers
								8.00-9.30pm Mandarin Dharma Class
9	10		11	12		,	14	15
10.00am-11.15am	8.00pm-9.30pm	6.00pm-9.15pm		10.30am-11.45am	8.00pm-9.15pm	ASIAN Festival in		11.30am-12.30pm
Meditations for everyday life	Offering to the Spiritual Guide	Foundation Programme		Stages of the path meditations with Heart Jewel Prayers	Stages of the path meditations with Heart Jewel Prayers	Hong Kong 14-17 Dec		Children's Class
12.00pm-1.00pm				8.00pm-10.00pm	·			Draconte Day
Powa for the Deceased				Quick Path to Great Bliss Prayers *				Precepts Day
3.00pm-4.30pm Center Cherishing								
16			18	19		2	21	22
10.00am-11.15am Meditations for everyday life	8.00pm-9.30pm	6.00pm-9.15pm Foundation Programme		10.30am-11.45am Stages of the path meditations with	8.00pm-9.15pm Learn to Meditate			11.30am-12.30pm Children's Class
incultations for everyday me	Trank in class	r oundation r rogramme		Heart Jewel Prayers	200111 to Meditate			Cimaren 5 class
				8.00pm-10.00pm				
				Quick Path to Great Bliss Prayers *				
23	24	2	25	26	27	2	28	29
10.00am-11.15am	8.00pm-9.30pm	Christmas Day	- 1	10.30am-11.45am	8.00pm-9.15pm			11.30am-12.30pm
Meditations for everyday life	Walk in Class		- 1	Stages of the path meditations with Heart Jewel Prayers	Stages of the path meditations with Heart Jewel Prayers			Children's Class
		4.00pm-6.00pm		8.00pm-10.00pm	·			3.00pm-6.30pm
		Offering to the Spiritual Guide		Quick Path to Great Bliss Prayers *				Melodius Drum Prayers
30			1	2				
10.00am-11.15am	24-Hour Tara Chanting 7.30pm; 11.30pm	New Year's Day			* For Highest Yoga Tantra			
Meditations for everyday life	*8.45pm Potluck Dinner				Practitioners			
		3.30am; 7.30am						
		11.30am; 3.30pm						
		24-Hour Tara Chanting						

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