

# DECEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1 11.30am-12.30pm <b>Children's Class</b> 3pm; 5pm <b>Vajrasattva Retreat</b>
2 10am; 12pm; 3pm; 5pm <b>Vajrasattva Retreat</b>	3 8.00pm-9.30pm <b>Walk in Class</b>	4 6.00pm-9.15pm <b>Foundation Programme</b>	5 10.30am-11.45am <b>Stages of the path meditations with Heart Jewel Prayers</b> 8.00pm-10.00pm <b>Quick Path to Great Bliss Prayers *</b>	6 8.00pm-9.15pm <b>Stages of the path meditations with Heart Jewel Prayers</b>	7	8 11.30am-12.30pm <b>Children's Class</b> 5.30pm-6.30pm <b>Tara Prayers</b> 8.00-9.30pm <b>Mandarin Dharma Class</b>
9 10.00am-11.15am <b>Meditations for everyday life</b> 12.00pm-1.00pm <b>Powa for the Deceased</b> 3.00pm-4.30pm <b>Center Cherishing</b>	10 8.00pm-9.30pm <b>Offering to the Spiritual Guide</b>	11 6.00pm-9.15pm <b>Foundation Programme</b>	12 10.30am-11.45am <b>Stages of the path meditations with Heart Jewel Prayers</b> 8.00pm-10.00pm <b>Quick Path to Great Bliss Prayers *</b>	13 8.00pm-9.15pm <b>Stages of the path meditations with Heart Jewel Prayers</b>	14 <b>ASIAN Festival in Hong Kong 14-17 Dec</b>	15 11.30am-12.30pm <b>Children's Class</b>  Precepts Day
16 10.00am-11.15am <b>Meditations for everyday life</b>	17 8.00pm-9.30pm <b>Walk in Class</b>	18 6.00pm-9.15pm <b>Foundation Programme</b>	19 10.30am-11.45am <b>Stages of the path meditations with Heart Jewel Prayers</b> 8.00pm-10.00pm <b>Quick Path to Great Bliss Prayers *</b>	20 8.00pm-9.15pm <b>Learn to Meditate</b>	21	22 11.30am-12.30pm <b>Children's Class</b>
23 10.00am-11.15am <b>Meditations for everyday life</b>	24 8.00pm-9.30pm <b>Walk in Class</b>	25 <b>Christmas Day</b> 4.00pm-6.00pm <b>Offering to the Spiritual Guide</b>	26 10.30am-11.45am <b>Stages of the path meditations with Heart Jewel Prayers</b> 8.00pm-10.00pm <b>Quick Path to Great Bliss Prayers *</b>	27 8.00pm-9.15pm <b>Stages of the path meditations with Heart Jewel Prayers</b>	28	29 11.30am-12.30pm <b>Children's Class</b> 3.00pm-6.30pm <b>Melodius Drum Prayers</b>
30 10.00am-11.15am <b>Meditations for everyday life</b>	31 <b>24-Hour Tara Chanting</b> 7.30pm; 11.30pm * 8.45pm <i>Potluck Dinner</i>	1 New Year's Day 3.30am; 7.30am 11.30am; 3.30pm 24-Hour Tara Chanting	2	* For Highest Yoga Tantra Practitioners		