

FEBRUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Chinese New Year Break	2 Chinese New Year Break	3 Chinese New Year Break
4 Chinese New Year Break	5 Chinese New Year Break	6 Chinese New Year Break	7 Chinese New Year Break	8 Chinese New Year Break	9 Chinese New Year Break	10 Chinese New Year Break Tsog Day
11 Chinese New Year Break	12 Chinese New Year Break	13 10.30am-11.45am Stages of the path meditations with Heart Jewel Prayers 8.00pm-10.00pm Quick Path to Great Bliss Puja *	14 8.00pm-9.15pm Stages of the path meditations with Heart Jewel Prayers	15 Mahayana Precepts Day	16 11.30am-12.30pm Children's Class 3.00pm-6.30pm Amitayus Retreat	17 10.00am-6.30pm Amitayus Retreat
18 8.00pm-9.30pm Walk in Class	19 6.00pm-9.15pm Foundation Programme	20 10.30am-11.45am Stages of the path meditations with Heart Jewel Prayers 8.00pm-10.00pm Quick Path to Great Bliss Puja *	21 8.00pm-9.15pm Learn to Meditate	22	23 11.30am-12.30pm Children's Class 8.00-9.30pm Mandarin Dharma Class	24 10.30am-11.45am Meditations for everyday life 12.00pm-1.00pm 35 Confession Buddhas ~ Purification Practice 2.30pm-3.30pm Powa for the Deceased 3.30pm-5.30pm Center Cherishing
25 8.00pm-9.30pm Offering to the Spiritual Guide	26 6.00pm-9.15pm Foundation Programme	27 10.30am-11.45am Stages of the path meditations with Heart Jewel Prayers 8.00pm-10.00pm Quick Path to Great Bliss Puja *	28 8.00pm-9.15pm Wishfullfilling Jewel Prayers with Tsog Protector Day	1 * For Highest Yoga Tantra Practitioners	2	3