

OCTOBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29 Learn to Meditate class by appointment 012 - 427 3380	30	1	2	3 4.00 - 5.30pm Advice from Atisha's Heart via Skype 5.30pm-6.40pm Wishfulfilling Jewel Prayers with Tsog (HK FB)	4 9.00am Streamed prayers : The Hundreds of Deities & Heart Jewel MKBC FB 4.00 - 6.00pm Foundation Program via Skype
5 7.45 - 9.30pm Foundation Program via Skype	6	7 8.00pm Streamed prayers : The Hundreds of Deities & Heart Jewel MKBC FB	8 Tara Puja UK	9	10 7.30pm-9.30pm Offering to the Spiritual Guide Prayers (HK FB)	11 9.00am Streamed prayers : The Hundreds of Deities & Heart Jewel MKBC FB 4.00 - 6.00pm Foundation Program via Skype
12 7.45 - 9.30pm Foundation Program via Skype	13	14 8.00pm Streamed prayers : The Hundreds of Deities & Heart Jewel MKBC FB	15	16	17	18 9.00am Streamed prayers : The Hundreds of Deities & Heart Jewel MKBC FB 4.00 - 6.00pm Foundation Program via Skype
19 7.45 - 9.30pm Foundation Program via Skype	20	21 8.00pm Streamed prayers : The Hundreds of Deities & Heart Jewel MKBC FB	22	23 Fall Festival	24 Fall Festival	25 Je Tsongkhapa Day 10.00am-12.00pm Offering to the Spiritual Guide Prayers (HK FB) Fall Festival
26 Fall Festival	27 Fall Festival	28 Fall Festival	29 Fall Festival	30	31 禅修与佛法 4.00pm	1