

# JANUARY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29 <i>Learn to Meditate via Skype - by appointment 012 - 427 3380</i>	30	31	1 <b>24-hour Tara chanting</b>	2 11.00am Streamed prayers : Heart Jewel MKBC FB	3 9.00am Streamed Prayers for World Peace MKBC FB
4 10.00 am The Mirror of Dharma Talk via Skype	5	6 Retreat via Skype The Initial Scope 8.00pm Streamed prayers : Heart Jewel MKBC FB	7 Retreat via Skype The Initial Scope 8.00 pm Medicine Buddha Sadhana MKBC FB	8 <i>Tara Puja UK</i> 8.00 pm Medicine Buddha Prayer MKBC FB	9 11.00am Streamed prayers : Heart Jewel MKBC FB	10 9.00am Streamed Prayers for World Peace MKBC FB Offering to the Spiritual Guide Prayers (HK FB)  * VAJRAYOGINI DAY*
11 10.00 am The Mirror of Dharma Talk via Skype	12	13 8.00pm Streamed prayers : Heart Jewel MKBC FB	14 8.00 pm Medicine Buddha Sadhana MKBC FB	15 Retreat via Skype The Emptiness of Phenomena + Avalokiteshvara Sadhana 8.00 pm Medicine Buddha Prayer MKBC FB	16 11.00am Streamed prayers : Heart Jewel MKBC FB Retreat via Skype The Emptiness of Phenomena + Avalokiteshvara Sadhana	17 9.00am Streamed Prayers for World Peace MKBC FB Retreat via Skype The Emptiness of Phenomena + Avalokiteshvara Sadhana
18 10.00 am The Mirror of Dharma Talk via Skype	19	20 8.00pm Streamed prayers : Heart Jewel MKBC FB	21 8.00 pm Medicine Buddha Sadhana MKBC FB	22 8.00 pm Medicine Buddha Prayer MKBC FB	23 11.00am Streamed prayers : Heart Jewel MKBC FB 4.00pm Powa Prayers MKBC FB	24 9.00am Streamed Prayers for World Peace MKBC FB 4.00 - 6.00pm Foundation Program via Skype
*HERUKA DAY* 25 10.00 am The Mirror of Dharma Talk via Skype 7.30 - 9.30pm Foundation Program via Skype Offering to the Spiritual Guide Prayers (HK FB)	26	27 8.00pm Streamed prayers : Heart Jewel MKBC FB	28 8.00 pm Medicine Buddha Sadhana MKBC FB	29 8.00 pm Medicine Buddha Prayer MKBC FB	30 11.00am Streamed prayers : Heart Jewel MKBC FB	31 9.00am Streamed Prayers for World Peace MKBC FB 4.00 - 6.00pm Foundation Program via Skype